Borderline 'Cabin Fever' Training Program

Clair Green, Director

Fee: $250 for all sessions if registered before January 21, 2017 ($300 after this date). Registration for individual sessions is $40 for any 2-hour session and $50 for each of the last two sessions. All participants must register with USA Volleyball using Webpoint through the link at https://www.ovr.org/docs/New-Junior-Girl-Member.pdf for new members and https://www.ovr.org/docs/Renewing-Junior-Girl-Member.pdf for existing members.

Several skills will be covered in each session.

Age Groups

10s-12s (Grade 6 and Younger

13s and 14s (7th and 8th Grade)

15s-16s (High School)

Dates

Saturday, January 28

Saturday, February 4

Sunday, February 12

Saturday, February 18

Saturday, February 25

Sunday, March 5

Sunday, March 12 3-4 hour session

Saturday, March 18 3-4 hour session

Times are TBA (within the hours of 1-5 PM); and all sessions are two hours in length unless noted.